

It was the last CG (Central Gathering) of the year for YorkHill zone and a rainy one too. As usual, we stage our CG at blk 9 void deck. A couple of our new elderlies partake in the activities with us.

A round of introduction of the elderlies of themselves was initiated as the first snack was served. That allowed new members of the zone known and the quiet ones heard again. As usual, some of the elderlies, being shy, refused to speak out and thus, the volunteers ended up introducing them on their behalf. The more outspoken ones did a quick one on themselves, revealing only names and where they are residing.

All set and done, the first game started rolling. A game that was purposefully played to tune on the elderlies ripen mind. And we have a good name for it, Guo Mui Bu Wang (in Chinese). Elderlies were gather in 2 groups. The game master, and always have been, Jessica Low revealed a set of number to the game helpers and this set of number will then be passed on, one by one, by the elderlies in the correct order!!! This round ended well with all elderlies in one group being able to reproduce the numbers while the last member of the opposite group got it mixed up.

And second round was made more interesting (on the suggestion by Mr Ho) to memorise monetary value rather than plain numbers. Still, both groups got their count wrong in the end. However enticing it was, the money was not for them to keep. The last round and most difficult one, was to remember a series of colours. A lot of fun and laughter resulted seeing how elderlies tried so hard to remember the sequence of colours relate to them. Some patiently, some not, as they repeatedly convey the series to their neighbouring elderly, not realising that they themselves have already got the series mixed up in the process. All of us have had a good laugh when the correct series was unveiled at the end by Jessica.

# Yorkhill Central Gathering - 22 Dec 02

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The second game, chao ji juan juan juan (in Chinese), was aimed to trained their aged fingers. Cloth peg was tied to a chopstick via a long string. While one have to unwind the entire length of string, the next will have to wind it back. As the game progressed, elderlies excitedly worked their fingers while the others cheered on their group. A little slip up with one of the elderly (he was confused whether to wind or unwind) ended with the group trailing but subsequent members of the same group managed to catch up and inevitably won the game.

All games were made competitive in hoping the elderlies will be more spontaneous in participation and it turned out well!

Snack was served right after the game. Red bean soup with dumpling was prepared by Mrs Ho along with other food. Quite a sumptuous luncheon for the elderlies as they were eating and chatting with the volunteers. An announcement on the upcoming Ang Bao collection at Guan Yin Ting was made before the day ended.

